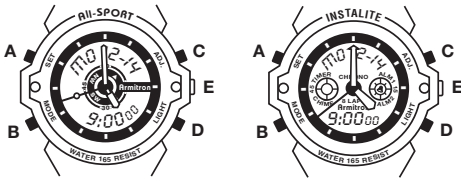


Armitron® WATCH INSTRUCTIONS

20/1277-79-81, 20/1437GRN, 20/1555, 20/1683BLU, 20/1685GRN, 20/1811BLU



FEATURES

- Time Telling Mode (Hours, Minutes, Seconds, Month, Date and Day of the Week)
- 12/24 Hour (Military Time)
- Chronograph Mode: Hours, Minutes, Seconds and 1/100th of a Second with 8 Lap/Split Operations
- Timer: Hours, Minutes and Seconds
- Second Time Zone
- (2) 24 Hour Alarms: Sound for 20 Seconds at preset Alarm Time until any button is pressed
- Hourly Chime: Two 'Beeps' sound every full Hour
- Water Resistant as indicated on the watch
- INSTALITE – Electro Luminescent Display with three seconds automatic light up

SELECTING FEATURES

1. Time Telling Mode displays Hour, Minutes, Seconds, Month, Date, and Day of the Week.
2. From Time Telling Mode, press 'B' once. Chronograph Mode appears. Press 'B' five times to return to Time Telling Mode.
3. From Time Telling Mode, press 'B' twice. Timer Mode appears. Press 'B' four times to return to Time Telling Mode.
4. From Time Telling Mode, press 'B' three times. Second Time Zone appears. Press 'B' three times to return to Time Telling Mode.
5. From Time Telling Mode, press 'B' four times. Alarm 1 Mode appears. Press 'B' twice to return to Time Telling Mode.
6. From Time Telling Mode, press 'B' five times. Alarm 2 Mode appears. Press 'B' once to return to Time Telling Mode.

INSTALITE - NIGHT VISION DISPLAY

1. Press 'D' in any mode to illuminate the watch face.
- NOTE: Excessive use of backlight will shorten battery life.

WATER RESISTANCE

This is a WATER RESISTANT watch. Do not operate the push buttons below the surface of the water. Should water or condensation appear in the watch, immediately have the watch checked. Water can corrode electronic parts inside the case.

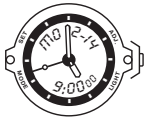
12/24 HOUR (MILITARY) TIME

1. From Time Telling Mode, press 'A' once. Seconds flash. Press 'B' six times. 24 Hour Format flashes. Press 'C' to select either 12 Hour Time or 24 Hour (Military Time).
2. Press 'A' to return to Time Telling Mode.

SECOND TIME ZONE

1. From Time Telling Mode, press 'B' three times to enter Second Time Zone Mode.
2. Press 'A'. Hours flash. Press 'C' to advance Hours.
3. Press 'B'. Minutes flash. Press 'C' to advance Minutes.
4. Press 'A' to end set sequence.
5. Press 'B' to return to Time Telling Mode.

SETTING THE TIME AND CALENDAR



Analog
1. Pull the Crown, 'E', out. The second hand stops. Rotate the Crown in either direction until the desired time is obtained. Push the Crown back in to re-engage time keeping.

Digital



1. From Time Telling Mode press 'A' once. Seconds flash. Press 'C' to zero out seconds.

NOTE: Zeroing out 30 or more seconds automatically adds one minute to time.



2. Press 'B'. Hours flash. Press 'C' to advance the Hour.

NOTE: Pressing and holding 'C' will advance digits rapidly.

When 12 Hour Format is selected, 'PM' indicates 'p.m.' times; there is no indicator for 'a.m.' times.



3. Press 'B'. Minutes flash. Press 'C' to advance the Minutes.



4. Press 'B'. Months flash. Press 'C' to advance the Month.



5. Press 'B'. Date flashes. Press 'C' to advance the Date.



6. Press 'B'. Day of Week flashes. Press 'C' to advance the Day of the Week.



7. Press 'A' to end set sequence and return to Time Telling Mode.

CHRONOGRAPH

1. From Time Telling Mode, press 'B' once to enter the Chronograph Mode.
2. Press 'C' to start timing.
3. Press 'C' again to stop timing.
4. Press 'A' to reset to zero.

SPLIT OR LAP TIME

1. Press 'A' to select either SPLIT or LAP Chronograph. SP indicates the SPLIT Chronograph is selected.

LP indicates the LAP Chronograph is selected.

SPLIT Chronograph allows the user to view the total accumulate time at a particular interval, while the internal stopwatch continues to accumulate total time.

LAP Chronograph allows the user to view the elapsed time for a particular interval, then resets to zero to measure the discrete time of the next interval.

1. In either SPLIT or LAP Chronograph, press 'C' to start timing.
2. Press 'D' to measure splits or laps.
3. Press 'C' to stop timing at the end of the event.
4. Press 'A' to reset to zero.
5. Press 'B' to return to Time Telling Mode.

NOTE: To recall the time of either splits or laps, press 'D' before you reset the Chronograph to zero. The memory capacity is 8 splits or laps.

SETTING ALARMS 1 & 2

1. From Time Telling Mode, press 'B' four times for Alarm 1 Mode or five times for Alarm 2 Mode.
- NOTE: Both Alarm 1 and Alarm 2 can be set. When Alarm is activated, the alarm ('Beep Beep') will sound at the preset time for 20 seconds or until any button is pressed.
2. Press 'A'. Hours flash. Press 'C' to advance Hours.
 3. Press 'B'. Minutes flash. Press 'C' to advance Minutes.
 4. Press 'B'. Second Time Zone Alarm flashes. Press 'C' to select either Normal Time Zone or Second Time Zone. F indicates the Second Time Zone is selected.
 5. Press 'A' to end set sequence. Press 'B' to return to Time Telling Mode.

ACTIVATING THE ALARM AND HOURLY CHIME

1. While in Alarm Mode, press 'C' to select ALARM 1, ALARM 2 and/or HOURLY CHIME.



'ALM1' or the symbol on the right side of the display, depending on your particular watch style, indicates the ALARM 1 is activated.



'ALM2' or the symbol on the right side of the display, depending on your particular watch style, indicates the ALARM 2 is activated.



The word 'CHIME' or the symbol on the left side of the display, depending on your particular watch style, indicates the HOURLY CHIME is activated and the alarm ('Beep') will sound every hour on the hour (only available in ALARM 1 Mode).

2. Press 'C' again to deactivate ALARM 1, ALARM 2 and/or HOURLY CHIME.

TIMER

1. From Time Telling Mode, press 'B' twice to enter the Timer Mode.
2. Press 'A'. Hours flash. Press 'C' to advance Hours.
3. Press 'B'. Minutes flash. Press 'C' to advance Minutes.
4. Press 'B'. Seconds flash. Press 'C' to advance Seconds.
5. When Countdown Time is set, press 'A' to return to Timer Mode.
6. Press 'C' to start Countdown timing. 'TIMER' will flash on the display during Countdown.
7. If desired, press 'C' again to stop Countdown timing. Press 'C' again to resume Countdown timing.
8. If desired, press 'D' to reset the Countdown time to the preset value and to restart Countdown.

NOTE: When the Timer counts down below three minutes, an alarm ('Beep Beep') will sound when the Seconds Digit is '0' or '30'. When the Timer counts down below ten seconds, an alarm ('Beep') will sound every second. When the Timer has expired, the alarm ('Beep Beep Beep') will sound for ten seconds or until any button is pressed. If no button is pressed during the ten second interval, the Timer will count up for five minutes. Press 'C' to stop the 'Count up Timer.' Press 'C' again to resume 'Count up Timer.'

9. Press 'C' to stop Timer. Press 'B' to return to Time Telling Mode.

CHANGING THE BATTERY

Change the battery when the watch becomes slow, the readout darkens or does not appear, or the backlight fails. Replace with one (1) CR2025 or equivalent only.

This watch contains precise electronic components and should only be opened by a qualified watch technician. However, it is not necessary to return your watch to the manufacturer for battery replacement. It is recommended that you bring your timepiece to a local watch repair facility.

Dear Customer:

Help your watch/jewelry retailer protect our environment by properly recycling the button cell battery in your watch. Professional jewelers and watch retailers are best equipped to replace the battery in your watch without damage to the watch case and movement inside. They have the specialized tools and experience to do the job right. Inexperienced people can scar the case and damage the water resistant seal – voiding your warranty.

It is important to recycle your watch battery in an environmentally safe way. Watch batteries contain very small amounts of mercury, which is required to prevent corrosion of the battery and damage to your watch. There is no danger to you or your watch from the mercury because it is in the sealed battery. But you need to recycle your watch battery properly. Your professional watch/jewelry retailer is the best person to do this for you. These professionals collect used batteries and recycle them through licensed waste management companies.

Do our environment and your watch a favor. Ask your watch/jewelry professional to replace your battery when it expires.